



COURSE OVERVIEW

The OCR Cambridge National Sports Studies is a level 2 qualification that is equivalent to One GCSE grade A*-C. During the TWO year course candidates will follow 3 units which are assessed through an examination, practical sessions and coursework. They can achieve a Level 1 PASS, Level 1 MERIT, Level 1 Distinction, Level 2 PASS, Level 2 MERIT or Level 2 DISTINCTION in each unit and these are added together to make their final grade.

Year 10 - During the first year students will complete the following units:

R186 – Sport and the Media

Pupils will research the different sources of media that cover sport. They will evaluate the positive and negative effects the media can have on sport. Finally, pupils will learn about the rapid development in technology and how it is allowing sport to be viewed, replayed and analysed.

R185 – Performance and leadership in sports activities (mandatory unit)

Pupils will demonstrate their practical ability in a team and an individual sport. They will also be assessed on their ability to plan and lead a sports session. Finally, they will need complete an in depth analysis of their practical performance in one sport and give suitable recommendations for improvements. This will be assessed through practical sessions, witness statement and written coursework.

Year 11- During the second year students will finish the R185 unit and also complete the following unit:

R184 – Contemporary issues in sport (mandatory unit)

Pupils will gain an understanding of issues which affect participation in sport. They will learn about the role of sport in promoting values and hosting major events. The final part of this unit looks at a range of National Governing Bodies and their role in participation in sport. This unit is assessed externally by written examination.

ASSESSMENT

For most units students are taught the course content and are then assessed through a mixture of practical assessment, witness statements and written coursework. However, in R184 (the first unit, taught at the start of year 10) the students are assessed through a written exam that is one hour long and has a maximum of 60 marks. Level 1 Pass, Level 1 Merit, Level 1 Distinction, Level 2 Pass, Level 2 Merit or Level 2 Distinction in each unit and these are added together and averaged out to make their final grade.

SUCCESS CRITERIA

Each unit is marked out of 60. The table below shows how many marks students need to achieve in each UNIT to meet each grade.

Unit Grade

U	L1P	L1M	L1D	L2P	L2M	L2D	L2D*
0	18	24	30	36	42	48	54



Overall Qualification

Overall Grade	U	L1P	L1M	L1D	L2P	L2M	L2D	L2D*
Overall marks	0	18	96	120	144	168	192	216
Number grade equivalent	U	1	2	3	4/5	6	7/8	9

Example:

If a student gained a L2M in all 4 units:

$$42 \times 4 = 168$$

The student's overall grade would be a L2M.

OTHER CURRIULUM ACTIVITIES

Students will take part in practical activities during their PE lessons in which they will have the opportunity to learn and improve their skills, tactics and gameplay.

HOW TO HELP YOUR CHILD IN THEIR SPORTS STUDIES COURSE

- Encourage him/her to read newspapers, sports websites and watch sports programmes to follow global events and develop up to date case studies.
- Test him/her about specific details regarding case studies.
- Encourage him/her to attend extra coursework/exam catch up sessions.
- Ask him/her to explain theories/issues and examples to you and ask questions to encourage deeper knowledge and understanding.

USEFUL RESOURCES

We use a range of textbooks during the Units, however, there is one which we believe will benefit the students the most:



Please do not hesitate to contact the Curriculum Area Leader of this subject should you wish to discuss the course.